

Find Out Why
Doctors, Psychiatrists, Therapists and
Practitioners tell their clients to

“Go See Lois”

A **pioneer in integrative medicine** with over
40 years of experience in

- mind-body healing,
- energy medicine, and
- transpersonal developmental
psychology.

Lois Libby Juster, MSW

- has studied with traditional healers
around the globe
- is certified in multiple systems of yoga
- was one of the founders of the
Psychosynthesis Institute of Minnesota,
- uses her background in psychotherapy,
intuition, Eastern and Western healing
philosophies
- is a guide who directs and supports
clients through transformational
moments toward healing

Transform Your Life

Integrative medicine addresses the physical,
mental, emotional, energetic and spiritual
aspects of healing. The patient and
practitioner are partners in the healing
process, which promotes a high level of
well-being and creativity. The work is
profoundly transformational, grounding and
life-changing.

Your Healing Session

Lois **provides a centered presence and a
loving, supportive approach** to guide
clients toward transformation and self-
awareness. Each session is unique to the
individual and may include Lois’ expertise
with such tools as **touch, talk, movement,
sound and symbol.**



*“I have a commitment to the future, to the
transformation of humanity and a world
where everyone has the opportunity to fulfill
their lives in a way that’s meaningful to
them.”*

--Lois

Lois is available for

- Individual sessions
- Seminars and workshops
- Retreats
- Supervision
- Apprenticeships and training

**Call Lois Today for an
Appointment
or Information:**

(612) 375-0989

Visit her website at:

www.loislibbyjuster.com

The Benefits of Integrative Healing

- Physical, mental, emotional and spiritual imbalances are addressed and health is restored.
- Transform behavioral and emotional patterns.
- Clients can explore at whatever level they want to heal, and Lois is willing to go deep: “I’m not afraid to take people where they’re willing to go.”
- Know and understand yourself on a deeper level.
- Clients are encouraged to release old habits, beliefs and patterns in order to experience the deepest transformation and healing—ultimately opening the doors to creating a more fulfilling life.

“I don’t look at people as sick or broken, but that something is trying to emerge.”
--Lois

“It is our right as human beings to create the future we desire and to have a healthy

body from the day we are born until the day we die.” --Lois



Lois provides a nurturing, healing environment in a convenient Downtown Minneapolis location

(612) 375-0989

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Lois Libby Juster

Integrative Healing Therapy

Mind – Body - Spirit



Tap into Your
Authentic Self
and
Create the Life
You Love